




# THE BARONNIES, GATEWAY TO THE PROVENCE self-guided

Between large pastures and lavender hills




Located at the southern end of the Hautes-Alpes department, the Buëch countries already smell of Haute Provence! This little-known territory offers multiple hiking opportunities between 600 m and more than 2000 m of altitude, passing from alpine pastures where the edelweiss grows to the hills lined with fragrant lavender. Arboriculture with its apple plantations and sheep breeding make Buëch a very preserved region where agriculture remains the main activity. The diversity of landscapes and reliefs make it a hiking area that can be enjoyed from April.

 6 days

 Self-guided / without a guide

 Without baggage transport

 Accommodation : Classic or comfort

 Level : \*\*

 From : 580€

## You will like

- Landscape diversity day after day
- The sunny climate of the southern extremity of the Hautes Alpes department
- The discovery of a territory between high mountains and Provence.
- Its lavender fields and green valleys
- A preserved territory where agriculture reigns.

# The route

## Day 1

### SAVOURNON - GORGES DU RIOU - LARAGNE

Start from Les Rastels Inn in Savournon.

Departure by the departmental road on the state forest of Jubéo. In the heart of this coniferous forest, you enjoy the peaceful calm with as a backdrop one of the most beautiful perched synclines of the valley. Passage near the forest house of Jubéo then descent into the gorges of Riou: exceptional environment on this trail dug by the foresters. Visit the typical village of Saint Genis then enjoy a good swim on the lake of the same name.

Continue to Laragne Montéglin via the historic site of Vieux Eyguians.

Night and dinner in Laragne in gîte, auberge or bed and breakfast

5h00 walk. Altitude difference +450m/ -600m

## Day 2

### LARAGNE - CRETES DE CHABRE - CHATEAUNEUF DE CHABRE

From Laragne, the largest village in this valley, you reach one of the most imposing ridges. By the GRP you go back to old abandoned hamlets, at the time when the Waters and Forests bought up old farms to replant them in black pine. The crest of Chabre is one of the most sought after sites for free flight, the view is magnificent. Descent on the small village of Châteauneuf to spend the night.

Night and dinner in lodging, inn or bed and breakfast.

5h walk. Altitude difference +750m/ -800m

## Day 3

### CHATEAUNEUF DE CHABRE - GORGES DE LA MÉOUGE - BARRET

From the small village of Châteauneuf, you reach Antonave mouth of the Gorges de la Méouge. While balcony, you reach the village of Barret sur Méouge. Several swimming opportunities in this torrent whose waters are warmed by the sun of the Southern Alps.

Night and dinner in cottage, inn or bed and breakfast

5am walk. Altitude difference +600m / -500m

## Day 4

### BARRET - CRÊTES DE CHABRE - LES BEGÜES

Return to another part of the Chabre ridges to reach the Céans valley. Beautiful day in the forest and ridge... Your stop at the Hotel des Bégues will offer you a refreshing break by the pool!

Night and dinner in cottage, inn or bed and breakfast

5h30 walk. Altitude difference +820m/ -720m

## Day 5

### LES BEGÜES - ST CYRICE - TRESCLÉOUX

A long stage between the valley of Céans and that of Bléone... A day to discover the forest heritage, the old village of St Cyrice and the beautiful peaks of Chanousse overlooking the Buëch valley.

Night and dinner in cottage, inn or bed and breakfast

6h walk. Altitude difference +750m/ -900m

## Day 6

### TRESCLÉOUX - BEAUMONT ROCK - GREENHOUSES

A day at the assault of one of the major promontory of this valley: the Rock of Beaumont. Communication specialists are

not mistaken, this is one of the panoramas that covers most of the Dévoluy, Ventoux, Monge to Sisteron!

Transfer to Savournou

5h walk. Elevation +900m/ -900m

# The trip

## LEVEL \*\*

Average level

Average positive altitude difference: 800 m per day

Average duration of the stages: 5.5 hours per day

Special difficulties: none

On varied trails and easy medium mountain terrain

Maximum altitude of accommodation: between 600 m

Maximum crossing altitude: 600m

This trip was made in collaboration with our local partners, who like us are committed to creating an authentic stay for you.

## ROAD BOOK

Before departure, we send you a travel folder containing:

- 2 IGN TOP 25 maps with the route highlighted ;
- 1 road-book containing all the information necessary for the trek ;
- 1 waterproof map holder ;
- Accommodation list.

## ACCOMODATION

Comfort accommodation in gite: Double room or 2 beds according to your choice

## MEALS

Breakfasts and dinners are provided in each accommodation.

Picnics are not included and can be booked by taking the option (75€ per person). Otherwise, possibility to refuel in small local shops.

The meals served in the accommodation are balanced and varied. The kitchen is hearty, adapted to the needs of hikers and often from local products. Special arrangements must be specified in the booking so that we can prevent accommodation

## BAGGAGE CARRYING

With luggage transport: you only carry your belongings for the day. The rest of your luggage is transported between the accommodations.

## INTERNAL TRANSFERS

No transfer, except for the last day back to Savournon (included in the price).

# Practical information

## DEPARTURE

From April 15 to October 30, 2023 and from April 14 to October 28, 2024.

**Departure from Savournon before 10am, we collect your bags at the hostel Les Rastels**

## ACCESS TO THE STARTING POINT

### BY TRAIN

Please consult the SNCF when registering.

Arrival at Serres train station. We can arrange a taxi transfer from the station to Savournon: 25€ per person extra

### BY CAR

In order to plan your trip, we advise you to inquire about your route at the various sites: [www.viamichelin.fr](http://www.viamichelin.fr) [www.mappy.fr](http://www.mappy.fr).  
From the RD 1075 between Serres and Laragne, take the D21 road that leads to Savournon. The hostel is at the entrance of the village.

**End of stay in Serres on the last day (possibility of transfer to Savournon free if you left your car)**

## CONTACT US

If you are late please let us know as soon as possible : **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

# Dates & prices

## DEPARTURES AND PRICES

Departure from April 15 to October 30, 2023 and from Avril 13 to October 28, 2024.

### **Tour 6 days/ 5 nights:**

**580€** per person to accommodate comfort in room of 2, sanitary on the landing.

**Optional picnics:** 4 picnics at 75€ per person

**Information and booking by phone or e-mail.**

## THE PRICE

### Includes:

- Accommodation and half-board from dinner of the 1st day to breakfast of the last day;
- The road book: description and IGN cards (1 complete road book for 1 to 4 people, additional file for 5 people or more. Additional file: supplement from 10 to 25€);
- The tourist tax;
- Organization and booking fees;
- The transport of luggage
- Transfer on the last day back to Savournon

### Does not include:

- Lunch picnics (75€ / person for the stay);
- Drinks, visits and other personal expenses;
- Cancellation assistance insurance (4.2% of the amount of the stay).

# Equipment and baggage

## EQUIPMENT LIST

### Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

### Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Two adjustable and highly walking poles
- Identity card or passport

### BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

# Details



## Registration by mail form

Last name:

PRENOM:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

SEJOUR DEMANDE:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

Return with your deposit to:

Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE