

# SNOWSHOEING IN THE MONT BLANC COUNTRY

Saint-Gervais and dreamy views of Mont Blanc

Reference · 323

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<b>DURATION</b> <b>6 days</b>	<b>TRAVEL STYLE</b> <b>Accompanied / guided</b>	<b>LUGGAGE</b> <b>With luggage transfer</b>
<b>ACCOMMODATION</b> <b>Hotel ***</b>	<b>LEVEL</b> <b>2/4 ★★★☆☆</b>	<b>FROM</b> <b>1 025 €</b>

It's up to us, it's a new page and we can reinvent the route as we please. Wide, snow-covered mountain pastures, **exceptional views of Mont Blanc**, wildlife discovery, toboggan-style descents... There's always something going on! There's no better place to enjoy the perfect winter atmosphere than **Saint-Gervais-les-Bains!** The town lies at the foot of Mont Blanc and Mont Joly. It's clearly the ideal place to head off to **the most beautiful snowshoeing areas in the Arve Valley**, while enjoying the local entertainment and friendly atmosphere.

You'll be staying at **PLAN B**, in Saint Gervais le Fayet (just 3 minutes' walk from the SNCF station linking you to Paris, Lyon or Geneva...). Le PlanB\*\*\* Saint-Gervais is your ideal base camp for exploring this unique destination nestling at the foot of Mont Blanc. With its modern, friendly spaces, it offers the perfect balance between relaxation, conviviality and practicality.

## You will love

- Snowshoe outings accessible to as many people as possible in a variety of mountain ranges
- Exceptional views of Mont Blanc
- The friendly atmosphere at the PLAN B Hotel restaurant\*\*\*, of Saint-Gervais-les-Bains and the chance to take advantage of its thermal baths
- A unique evening 'Plein feux sur le Mont Blanc', the night snowshoe hike that will live long in the memory
- A local guide to share all his mountain and heritage knowledge with you

## Day-by-day itinerary

### DAY 1

**Meet at 18.00 am at your accommodation for a presentation of the trip and the arva/shovel/probe safety equipment by the guide.**

Our walks are chosen to be accessible without any danger for most of the winter. However, the guide may have to modify the programme according to the weather or an exceptional avalanche risk, in order to offer you the best choice for the day (forest outing in the snow, panoramic outing in fine weather, etc.) in complete safety. Walking times and gradients are given as a guide only, and may vary depending on the quality of the snow.

### DAY 2

#### **MEGEVE AND THE STASSAZ WATERFALL**

A short minibus transfer (around 20 minutes) to the start of the hike in the little hamlet of La Livraz in the commune of Megève. A gentle, enchanting first day in cold, sparkling snow. We make our way to the impressive frozen Stassaz waterfall, where a group photo is inevitable. A playful descent between snow 'mushrooms' standing on cut trunks and small boulders. Return to the hotel after the return transfer.

4:00 hour walk / Elevation : +/- 400 m

### DAY 3

#### **BY RAIL TO MONT LACHAT**

We take the snow tramway, France's highest cog railway, to Bellevue. Bellevue lives up to its name, as the panoramic view over the Chamonix valley and the Mont Blanc massif is breathtaking. From Bellevue, several routes are possible, depending on snow conditions. The ascent of Mont Lachat (2115m) further enhances the gigantic scale of the west faces of Mont Blanc. The tramway will take you back down.

4:00 to 5:00 hour walk / Ascent : +/- 500m

### DAY 4

#### **LE PETIT CROISSE BAULET SUBLIME PANORAMA OF MONT BLANC**

Transfer by minibus to Mégève (approx. 20 minutes). This sporty day on the outskirts of the Megève and Combloux ski areas is still very natural. Chamois are not uncommon on the snow-covered faces of the Croisse Baulet. From the Col de Jaillet, the forest gradually gives way to a totally white world. At the summit, the 360° view of the Aravis, Fiz and Mont Blanc ranges is breathtaking!

5:00 to 6:30 hour walk / Elevation : +/-450m ; +/- 700m elevation for Petit Croisse Baulet (2009m)

**DAY 5****RELAXING DAY AND EVENING ON MONT BLANC**

Enjoy a relaxing morning in St-Gervais: every Thursday morning a market of mountain producers sets up in the central square of St-Gervais. Honey, cheeses, jams... a multitude of local products to discover and taste. You can also enjoy a relaxing morning at the St-Gervais thermal baths. Saint-Gervais thermal spring water trickles down from the bowels of the famous Mont Blanc massif. There's no shortage of good places to eat in St-Gervais! We can advise you according to your tastes. Don't hesitate to plan ahead and book your table at the start of the week. (Meals not included in the price)

**Late afternoon, departure for an unusual adventure.** Transfer by minibus to Plaine Joux (about 25 minutes). After enjoying the sunset from the small family resort of Passy Plaine-Joux, head for Lac Vert and the Mollays mountain pasture, accompanied by the calm of the night. The cold is setting in and hunger is making itself felt. It's time to light the fire and share a unique, gourmet and memorable moment!

Return to the hotel around 10pm.

5:00 hour walk / Elevation : +/- 400 m

**DAY 6****LES CONTAMINES MONTJOIE, THE WILD VALLEY AT THE END OF THE ROAD**

Transfer by minibus to Les Contamines (approx. 15 minutes). A beautiful day in the heart of the Contamines-Montjoie nature reserve to enjoy the snow-covered landscape one last time. The day begins with an ascent of a Roman road used by the Tour du Mont Blanc GR. At 1500m, the landscape opens up and you can see the various peaks that encircle this beautiful valley. The Aiguille de la Pennaz guides our steps. A last pretty white and wild loop in the Mont Blanc region.

6:00 hour walk / Elevation : +/- 600 m

**End of stay around 4pm at accommodation**



## Dates and prices

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**Single supplement on request and subject to availability.**

### THE PRICE

Includes :

- Organisation and booking fees;
- Guiding by a qualified and insured mountain leader;
- Snowshoes (or mini crampons), poles and avalanche equipment;
- Nights accommodation in a hotel\*\*\* on half board-basis (except the diner of fifth day) in rooms for 2 (3 people if there are an odd number of guests);
- Picnic lunches on days 2, 3, 4 and 6;
- Aperitif dinner on day 5;
- Return journey on the Mont Blanc tramway on day 3;
- Minibus transfers at the start of the hikes.

Does not includes :

- Cancellation insurance ;
- Personal expenses (drinks, etc...) ;
- Touristic visits ;
- Other exclusions clearly described within the corresponding technical sheet ;
- Lunch on day 5.

**The price is all inclusive from departure to end point.**



## The journey

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### LEVEL\*\*

Elevation: +/- 400 to 650m approximately per day.

Walking time: 4 to 5 hours per day depending on the group.

Type of trek: this tour is not technically difficult and is open to all, no prior experience of snowshoeing necessary.

Same hotel all week that permits a rest day at any point.

### THE SNOW

With climate change, we can no longer be sure of the presence and quality of snow in the mountains, even in the Northern Alps. However, the mountains in winter, even without snowshoes, are still a treasure trove to be discovered. When snowshoes can't be used due to lack of snow, mini-crampons are available to ensure that you can practise in complete safety.

### GUIDING

Number in a group between 6 and 12 people supervised by a qualified professional winter mountain leader, specialist in snow and avalanches.

### ACCOMMODATION

Accommodation at [PLAN B](#), the ideal place to explore this unique destination nestling at the foot of Mont Blanc. Rooms for 2 to 6 people with private bathroom (3 if an odd number). Single room supplement on request..

### MEALS

Breakfasts and dinners are taken in the hotel in the centre of Saint-Gervais-les-Bains. For lunch, we take a picnic lunch of hot soup and regional produce.

### MAPS

IGN Top 25 - 3531 ET Saint-Gervais-les-Bains et 3531 OT Megève



## Practical information

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### ACCESS TO DEPARTURE POINT

**Meet sunday at 6pm with your guide at the accommodation.**

#### BY TRAIN

Outward journey : Departure from Gare de Lyon (Paris), arrival at Gare du Fayet (Saint-Gervais-les-Bains).

Return journey : Departure from Gare du Fayet (Saint-Gervais-les-Bains), arrival at Gare de Lyon (Paris). Please check your journey with the [SNCF](#).

#### BY CAR

A40 motorway to Sallanches/Passy, then exit 21 towards Saint-Gervais-les-Bains. Hotel in the centre of the village of Saint-Gervais-les-Bains Le Fayet (74)

**The tour ends on friday around 4pm at the hotel.**

### ACCOMMODATION BEFORE AND AFTER

Extra night before or after your stay (based on a 2-person room): €80 in B&B (subject to availability)

[Saint-Gervais-les-Bains tourist office](#) : +33 (0)4 50 47 76 08

### CONTACT US

If you are late please contact the agency as soon as possible : **+33 (0)4 50 79 09 16 or +33 (0)6 42 49 76 07**

## Equipment and luggage

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### EQUIPMENT LIST

Material for snowshoeing (snowshoes and poles) is provided. However, if you have your own equipment and would like to use it you are free to do so. Avalanche safety equipment is also provided (transceiver, shovel and probe).

#### Clothing

- Waterproof ski or winter walking trousers
- Wind stopper or Goretex jacket
- Breathable or merino wool t-shirts
- Fleece or jumper
- Insulating down jacket
- 2 pairs of ski gloves and a warm hat
- Walking socks (1 pair per day)
- Sturdy waterproof walking boots

#### Other Equipment

- Rucksack minimum 35 litre capacity
- Sunglasses and ski mask
- Sun cream
- Water bottle and Camelback (1.5 litre minimum)
- Knife and spoon
- Cup(s) for soup and coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Identity card or passport
- Swimming costume, clean flip-flops suitable for aquatic areas and towel (for your shower before leaving the spa)

### BACPACK

Bring a comfortable backpack of 35 to 40 litres for your avalanche safety equipment (transceiver, shovel and probe), personal belongings for the day (warm clothes, water, cup and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.



## Postal booking form

Complete this form and return it with your deposit.

**Last name** \_\_\_\_\_

**First name** \_\_\_\_\_

**Birth date** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Mobile phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Requested trip** **SNOWSHOEING IN THE MONT BLANC COUNTRY**

**Number of days** **6**

**Insurance** \_\_\_\_\_

**Trip price** **1 025 €**

**Estimated deposit (30%)** **307,50 €**

**Signed in** \_\_\_\_\_

**Date** \_\_\_\_\_

**Signature**

**Return with your deposit to**

Altitude Montblanc, 62 Passage du Nant Devant, 74110 Montriond  
+33 (0)4 50 79 09 16 · info@altitude-montblanc.com